



World health organisation
Collaborating Centre for Research
and Training in Mental Health



WHO CC

World Health Organisation Collaborating Centre for Training and Research
in Mental Health

Years
2018 - 2022

Centre designated by WHO since
1976



WHAT IS

THE WHO CC?

The Collaborating Centre of the World Health Organization for Training and Research in mental health is one of the 700 centres worldwide to carry out activities in support of WHO.

It brings together a network of actions, skills and programs linked to the WHO mental health policy.

The centre is made up of a team of about fifteen project managers, as well as a network of qualified people and an advisory scientific council, gathered around common values.

Finally, the WHO CC is part of the ERASM team and WHO CC researchers are integrated into the team of the INSERM's joint scientific research unit and the University of Paris Diderot UMR-S 1123 ECEVE (Clinical epidemiology and economic evaluation applied to vulnerable populations).

VALUES

WE DEFEND WITH THE WHO

The WHO CC shares and develops the values and vision of the World Health Organization and aims to **improve the quality of health care, conditions of life, access to health care and the rights of users and carers in mental health.**



Users EMPOWERMENT

Full participation of citizens, whether users or not, in the development of quality mental health services.



COMMUNITY Mental health

Promotion of integrated and community-based psychiatry services.



Fighting STIGMATIZATION

Fighting stigmatization of people with mental disorders and promoting mental health.



RESEARCH & TRAINING

Development of research, training and information networks in mental health.

MAIN RESEARCH AND ACTION THEMES

WHO CC TERMS OF REFERENCE

The WHO CC of Lille is a service of EPSM Lille-Métropole. It's the only collaborating centre specialized in mental health in France (they are 46 in the world, and 4 in French-speaking countries) to be designated by WHO on the basis of four research themes and actions over the 2018-2022 period.



**COMMUNITY MENTAL
HEALTH**



**QUALITY RIGHTS
PROGRAM**



EMPOWERMENT



E-MENTAL HEALTH



Assist WHO in promoting and documenting good practices in community mental health services



Support and develop the WHO program for the evaluation of the quality and the rights of people with mental health issues in France and French-speaking countries



Assist WHO to promote the participation of users and citizens in mental health services, research and training



Contributing to the knowledge and development of e-mental health as an innovative technology

PROGRAMS

DEVELOPED BY THE WHO CC

Promoting Community Mental Health Services



VISITS PLANNING

The WHO CC is based in a psychiatry and social inclusion service integrated in the city, validated by WHO as an example of good practice. The centre is a platform for visits and training for professionals, politicians and NGOs. Since 2000, it has been welcoming around 100 professionals per year.

SUPPORTING DEVELOPMENT OF LOCAL MENTAL HEALTH COUNCILS

The WHOCC has been the National Resource and Support Centre for Local Mental Health Councils since January 1, 2017. It intervenes at the local level, by presenting the LMHC approach to local stakeholders, transmitting documents, helping to sustain existing mechanisms and, at the national level, by piloting the national training of coordinators, sensitizing local authorities, publishing guides and recommendations, organizing national and regional meetings, etc.

For more information: www.clsm-ccoms.org

MENTAL HEALTH IN GENERAL POPULATION: IMAGES AND REALITY

MHGP is a multi-centre international action-research initiative led by the WHO CC since 1997. Useful in identifying mental health needs and necessary for assessing perceptions of mental health, this research is a tool to assist in the development of local and national mental health policies.

CARE WITHOUT CONSENT PROGRAMS

This study, carried out in collaboration with the institutions of the health-care cooperation group (GCS) for mental health research and training and IRDES, aims to establish a typology of mental health practices in several institutions (EPSM Lille Métropole, CH Charcot, CH Saint Maurice, Fondation Bon Sauveur de la Manche). This inventory of practices and representations will serve as a basis for reflection on care programmes through the prism of recovery.

PROGRAMS DEVELOPED BY THE WHO CC

Empowerment of users and carers

PARTICIPATION OF USERS AND CARERS IN THE REVISION OF THE 11TH INTERNATIONAL CLASSIFICATION OF DISEASES (ICD 11)

WHO QUALITYRIGHTS PROGRAM

This program provides tools for assessing human rights in mental health and social care facilities. It also provides training modules on related topics. The WHOCC translated these documents and supports the implementation in France and Frenchspeaking countries.

WHO has included the participation of all stakeholders involved in ICD in its review process, including users and carers. This participatory process is thus part of a democratic, citizen-centred vision of mental health. It is intended to promote communication between professionals, users and caregivers, thereby enhancing the clinical utility of the classification system. In this perspective, the WHO CC has set up an international research program involving 16 countries in which users and carers are consulted on the essential characteristics of two diagnoses: depressive episode and schizophrenia.

PEER SUPPORT WORKER PROGRAM

Since 2012, the Peer Support Workers program has been used to train and hire ex-users of mental health services who have recovered or are recovering, in hospitals and medico-social structures. It is organized around training in mental health mediation and the valorization of experiential knowledge. The theoretical training has been provided since January 2018 by Bobigny Paris 13 University in collaboration with the WHO CC, as part of a specific degree course in Health and Social Sciences. Vocational training takes place in parallel within the psychiatric services and medical-social structures that have recruited peer support workers.

FIGHTING AGAINST THE PHYSICAL COMORBIDITIES OF MENTAL DISORDERS

The goal of the COPsyCAT program is to combat comorbidities, specifically cardiovascular, to collect and analyze available data, and then develop and evaluate a program to promote physical health for people with mental disorders. This empowerment strategy, carried out with the institutions of the GCS for mental health research and training, aims to reduce the cardiovascular risks of people with long-term mental disorders. This program is aimed at people who are under the care of a psychiatry service and who are on long-term affection (ALD30) for psychiatric reasons.

New technologies and mental health

E-MENTAL HEALTH RESEARCH AND DEVELOPMENT

E-Health, telemedicine, digital health promotion... Behind these expressions is emerging a management of health transformed by the use of new technologies. The WHO CC has invested this field of research by getting involved in the projects:

- eMEN: Platform for innovation and transnational

implementation of e-mental health in North-Western Europe.

- EQUIME - Qualitative study of expectations, needs and uses of M-Health (e-health technology in mental health) by all stakeholders.

TRAININGS

COORDINATED BY THE WHO CC

MENTAL HEALTH IN THE COMMUNITY INTER-UNIVERSITY DEGREE

The WHO CC coordinates with the Universities of Paris, Marseille and Lille, the inter-university degree "Mental health in the community" whose objective is to offer theoretical and practical training in mental health in the community and its applications in the organization of psychiatric care services, promotion and prevention of mental health, the fight against stigmatization and exclusion.

NATIONAL SCHOOL OF MAGISTRATES

For the past seven years, the WHO CC has been in charge of directing and leading the continuing training of magistrates on "Psychiatry and criminal justice" at the National School of Magistrates. About 40 people are trained every year for a week.

TRAINING OF LMHC COORDINATORS

The WHO Collaborating Centre organizes, in partnership with Psycom and CNFPT, a national training course entitled "Coordinating and dynamizing a Local Mental Health Council". This training enables coordinators and promoters of the LMHCs to better understand the stakes and levers of action of these local councils.

GCS



The purpose of the health-care cooperation group (GCS), whose scientific council is that of the WHO CC, is to research, train and implement actions aimed at the development of integrated mental health systems in the community, including prevention and integration. The group works to promote professional exchanges and any action to combat stigmatization in mental health and psychiatry. The GCS relays the WHO recommendations at national and local level and highlights all the studies and experiences of its members in the field of community / integrated mental health.

THE 25 MEMBERS OF THE GCS

- EPSM Lille Métropole – Armentières
- CH de Cadillac-sur-Garonne
- CH La Chartreuse – Dijon
- CH Edouard Toulouse – Marseille
- MGEN – Lille
- CASH de Nanterre
- CH Sainte Marie – Nice
- CH Sainte Anne – Paris
- Centre Psychothérapique - Nancy
- CHS de la Savoie – Chambéry
- CH Jean-Martin Charcot – Plaisir
- CH Guillaume Régnier – Rennes
- CH de Montéran – Saint-Claude
- CESAME - Saint Gemme sur Loire
- Hopitaux de Saint Maurice
- EPSM de la Réunion – Saint-Paul
- Fondation Bon Sauveur de la Manche
- CH de Rouffach
- EPSM Val de Lys Artois
- EPSM des Flandres
- CHU de Lille
- EPS Barthelemy Durand
- EPS Roger Prévot
- CH Les Murets
- CHI Créteil

To be informed of GCS news, subscribe to the "GCS Newsletter":
www.recherche-sante-mentale.fr



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WHO CC PARTNERS :

European Union, WHO International (Genève), WHO EURO (Copenhagen), regional offices and collaborating centre specializing in mental health, Direction de la recherche, des études, de l'évaluation et des statistiques, Direction générale de la santé, Direction générale de l'offre de soins, Direction générale de la cohésion sociale, Secrétariat général du comité interministériel des villes, Santé publique France, Caisse nationale de solidarité pour l'autonomie, Commissariat général à l'égalité des territoires, Centre National de la Fonction Publique Territoriale, Fédération nationale des patients en psychiatrie, Union nationale de familles et amis de personnes malades et/ou handicapées psychiques, Comité français pour la réhabilitation psychosociale, Association des Maires de France, Elus, santé publique et territoires, Médecins du monde, PSYCOM, International mental health collaborating network, World psychiatric association, World association for psychosocial rehabilitation, Global forum for community mental health, European federation of associations of families of people with mental illness, European network of (ex) users and survivors of psychiatry, Global initiative on psychiatry, EuCOMS, etc.

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